

Thematic plan of classes in the practice
"Educational practice (introductory practice (in therapy))" for students of
2025 year of admission under the educational program of a specialist in the
specialty 31.05.01 General Medicine, direction (profile) General Medicine
form of study full-time 2025-2026 academic year.

№	Topics of seminar-type classes	Practical training within the thematic block ³	Hours (Academic) ⁴
1.	Introduction to practice. ¹ Acquaintance with the base of practice. Carrying out organizational measures. Familiarization with safety precautions. Principles of the organization of therapeutic care in the Russian Federation. Structure and organization of the work of the therapeutic hospital. Therapeutic and protective regime of the therapeutic hospital. Sanitary and hygienic requirements for medical personnel. ²	PT	6
2.	Therapeutic hospital. ¹ Organization of the work of the admission and diagnostic department. Legal aspects of ensuring the health of citizens in the Russian Federation. Structure and organization of the work of the therapeutic hospital. Design, equipment, organization and mode of operation of the admission department of the therapeutic profile. Registration of patients, anthropometry; sanitization of patients. Rules for transporting patients. Structure, equipment of the therapeutic department. ²	PT	6
3	Sanitary regime of the hospital, its importance. ¹ Requirements for lighting, ventilation, heating. Wet cleaning of wards, corridors, bathrooms. Disinfectants used for wet treatment of premises. Personal hygiene of the patient and his position in bed. Arrangement of a functional bed. Change of underwear and bed linen. Skin, mouth, ear, hair care. Prevention and treatment of bedsores. ²	PT	
4.	Clinical hygiene of medical personnel. Ethics and deontology. ¹ Organization of the work of a nurse and junior medical staff of the therapeutic department. Clinical hygiene of medical personnel. Personal hygiene of medical personnel. Duties, rights and responsibilities of junior and secondary medical personnel. Ethical principles in the work of medical personnel. Deontological aspects of patient care. ²	PT	6
5	Care for therapeutic patients. ¹ Observation and care of patients with respiratory diseases. ²	PT	6
6	Care for therapeutic patients. ¹ Observation and care of patients with diseases of the circulatory system; ²	PT	6
7.	Care for therapeutic patients. ¹ Observation and care of patients with diseases of the digestive system; diseases of the urinary system; ²	PT	6

8	Care for therapeutic patients. ¹ Observation and care of patients with diseases of the urinary system; ²	PT	
9.	Care for therapeutic patients. ¹ Observation and care of patients with diseases of the blood and hematopoietic organs. ²	PT	6
10	Care for therapeutic patients. ¹ Observation and care of patients with diseases of the endocrine system. Features of care for gerontological patients. ²	PT	
11.	Nutrition of patients. ¹ Therapeutic nutrition, its basic principles. Features of nutrition of the main age groups. Organization of nutrition and feeding of patients in the department. Characteristics of therapeutic nutrition. Basic diets (tables) of therapeutic nutrition. Features of feeding severe patients. Artificial nutrition. ²	PT	6
12.	Results of the practice. ¹ Submission of reporting documentation on the internship. Intermediate certification. ²		6
	Total		72

¹ – Topic of the lesson

² – Essential content of the lesson

3 – PT (Practical Training)

4 – one thematic block includes several classes, each class lasts 45 minutes, with a minimum 5-minute break between classes

Discussed at the meeting of the Department of Internal Medicine, Minutes No 10 of May 29, 2025.

Head of the Department



M.E.Statsenko