Thematic plan for independent work of a student in the discipline "Physical training (elective modules)" for students enrolled in the 2023 educational program 33.05.01 Pharmacy, (specialist level), focus (profile)

Pharmacy, full-time form of study for the 2025-2026 academic year

| No. | Topic of independent work | Hours (academic) |
|-----|---|------------------|
| | 5th semester | |
| 1 | Course: "Ready for work and defense!" | 24 |
| 2 | Control of independent work. | 2 |
| | 6th semester | |
| 1 | Course: Professional and applied physical training of a doctor. | 17 |
| 2 | Control of independent work. | 2 |
| | Total SR: | 41 |
| | Total KSR: | 4 |

Considered at the meeting of the Department of Physical Education and Health on May 30, 2025, protocol No. 18.

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Head of the Department of Physical Education and health

S.Yu. Maksimova