Thematic plan of seminar-type classes in discipline «Disaster medicine» for students of 2021 year of admission under the educational programme 33.05.01 Pharmacy, specialisation (profile) Pharmacy (Specialist's degree), form of study full-time for the 2025-2026 academic year

№	Thematic blocks	Practical training within the thematic block ³	Hours (academic) ⁴
	9 th semester		
1.	Fundamentals of medical and evacuation support for the population in emergency situations of peacetime and wartime. ¹ Principles of organizing medical and evacuation support in emergency situations. Tasks of the medical evacuation stage. Scheme of deployment of the medical evacuation stage. ²	-	2
2.	Fundamentals of organizing first aid in emergency situations. ¹ Concept of the scope of medical care. Scope of first medical care. Means for providing first aid. ²	-	2
3.	First aid for cardiac disorders. ¹ Rules for conducting primary cardiopulmonary resuscitation. Signs of effectiveness and conditions for stopping the primary resuscitation complex. ²	-	2
4.	First aid for cardiac disorders. Types, causes, signs of cardiac disorders, and first aid measures. 2	-	2
5.	First aid for respiratory disorders. ¹ Types, causes, signs of respiratory disorders, and first aid measures. ²	-	2
6.	First aid for respiratory disorders. Methods of eliminating airway obstruction caused by a foreign body. Techniques for removing a foreign body from the respiratory tract in children and adults, and applying an occlusive bandage).	-	2
7.	First aid for wounds and bleeding. ¹ The concept of a wound. Classification and characteristics of wounds. Types of bleeding. ²	-	2
8.	First aid for wounds and bleeding. ¹ Algorithm for providing first aid for wounds and bleeding. Rules for applying fixing and compressive bandage. ²	-	2
9.	First aid for head and neck injuries. ¹ Types, causes, signs of traumatic injuries. First aid measures for injuries. Types and methods of transport immobilization. ²	-	2
10.	First aid for injuries of the musculoskeletal system. ¹ Types, causes, signs of traumatic injuries. First aid measures for injuries. Types and methods of transport immobilization. ²	-	2
11.	First aid for abdominal injuries. Types, causes, and signs of traumatic injuries. First aid measures. 2		
12.	First aid for thermal injuries. ¹ Characteristics of pathological conditions caused by general overheating of the body and local exposure to high temperatures (heat cramps, heat exhaustion, heat stroke, and burns). Electric shock. ²	-	2
13.	First aid for thermal injuries. Characteristics of pathological	-	2

	conditions caused by general hypothermia and local exposure to		
	low temperatures (general hypothermia, frostbite). Principles of		
	first aid. ²		
14.	First aid for bites or stings from poisonous animals. Signs of	-	2
	bites from poisonous insects and animals. Understanding of		
	anaphylactic reactions and anaphylactic shock. Algorithm for		
	providing first aid for bites from poisonous insects and animals. ²		
15.	First aid for poisoning with hazardous chemicals. ¹ The concept	-	2
	and brief characteristics of the effects of toxic substances on the		
	body. Classifications of toxic substances. Signs of poisoning with		
	hazardous chemicals and synthetic poisons. Algorithm for		
	providing first aid. ²		
16.	First aid for acute psychological reactions to stress. General	-	4
	characteristics of the factors of emergency situations that		
	potentiate mental disorders and types of mental reactions to them.		
	Stages of the psycho-emotional state of victims exposed to		
	traumatic situations in emergency situations. First aid for the main		
	types of psycho-emotional disorders in emergency victims. ²		
	Methods of transporting victims as a stage of providing first aid. ¹	-	2
	General rules of transporting. Methods of carrying out victims		
	from the place of emergency, incident. Carrying out victims using		
	improvised means. Carrying out the victim on a stretcher (board).		
	Positions of victims during transportation, depending on the type		
	of damage. ²		
17.	Control of knowledge, skills, and abilities	-	2
		Total	34

¹ – topic

Considered at the department meeting Life safety, protocol of «30» May 2025r. № 11.

Head of the Department

A.D.Donika

² – essential content ³ – PT (practical training)

⁴ – one thematic block includes several classes, the duration of one class is 45 minutes, with a break between classes of at least 5 minutes